Ahmednagar Jilha Maratha Vidya Prasarak Samaj's,

SHRI MULIKADEVI MAHAVIDYALAYA, NIGHOJ

Tal–Parner, Dist–Ahmednagar-414 306

DEPARTMENT OF SPORTS AND PHYSICAL EDUCATION

REPORT OF CELEBRATION OF ANNUAL SPORTS DAY-2024-25

Sports and games have always been seen as an integral component in the all-round development of the human personality. Apart from being a means of entertainment and physical fitness, sports have also played a great role in the generation of the spirit of healthy competition and bonding within the community.

Sports play a vital role in human life. Physical education is an important part of the education system. Education without sports is incomplete. A student should study hard to be successful in competitive examinations. But, he/She should also play sports to enjoy a healthy life.

College Celebrated the **ANNUAL SPORTS DAY** on **Wednesday** and **Thursday dated 29th to 30th January 2025.** It is an important co-curricular activity that offers an extensive opportunity for all students to enhance their physical capability. The following individual sports events have been organized for our students: **Athletics:**

For Men & Women - 1) 100 Mts Run 2) 400 Mts Run 3) Shot Put 4) Long Jump 5) Discus throw 6) Chess.

Team Event: 4 x 100 mt Relay, 4 x 4000 mt Realay for Men & Women, the winning students gave the certificates.

100 Mt. Run:

Athletics sports play a key role in student's life for overall development. A magnificent sports event was organized at our college, on **Wednesday, 29th January 2025.** 89 students participated in this game.





Photograph of Students who participated in 100 Mt. Run

400 Mt. Run:

Athletics sports play a key role in student's life for overall development. A magnificent sports event was organized at our college, on **Wednesday, 29th January 2025.** 67 students participated in this game.





Photograph of Students who participated in the 400 Mt. Run

Shot put:

Athletics sports play a key role in student's life for overall development. A magnificent sports event was organized at our college **on Wednesday, 29th January 2025.** 49 students participated in this game.





Photograph of Students who participated in Shot put

4 x 100 mt Relay, 4 x 4000 mt Realay

Athletics sports play a key role in student's life for overall development. A magnificent sports event was organized at our college **on Wednesday, 29th January 2025.** 36 students participated in this game.





Photograph of Students who participated in 4 x 100 mt Relay, 4 x 4000 mt Realay

Chess.

Sports play a key role in a student's life for overall development. A magnificent sports event was organized at our college **on Thursday, 30th January 2025.** 20 students participated in this game.





Physical Director **Principal**