Ahmednagar Jilha Maratha Vidya Prasarak Samaj's,

SHRI MULIKADEVI MAHAVIDYALAYA, NIGHOJ

Tal-Parner, Dist-Ahmednagar

DEPARTMENT OF SPORTS AND PHYSICAL EDUCATION

ANNUAL SPORTS REPORT-2021-22

Sports and games have always been seen as an integral component in the allaround development of the human personality. Apart from being a means of entertainment and physical fitness, sports have also played a great role in the generation of the spirit of healthy competition and bonding within the community.

Sports play a vital role in human life. Physical education is an important part of the education system. Education without sports is incomplete. A student should study hard to be successful in competitive examinations. But, he should also play sports to enjoy a healthy life. Along with bookish learning, a student should spend his time on sports. Our college continuously tries to improve sports facilities in the college. College organized Inter-college sports tournaments for students. It is an important co-curricular activity that offers an extensive opportunity for all students to enhance their physical capability.

CELEBRATION OF ANNUAL SPORTS DAY

To follow the COVID-19 Rule and Guidelines of the Government of Maharashtra, the following individual sports events has organized for the inter-class sports tournaments in our for students: Chess (Men & Women), Carrom (Men & Women) and Athletics: (Long Jump, and 100Mt Run) for Men & Women, the winning students gave the certificates.

1. Chess:

Playing the game of chess regularly right from childhood improves the learning, thinking, analytical power, and decision-making ability of the child. This chess

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competition organized on dated **07th to 08th February 2022** There are **29** students were participated in this game.

2. Carrom:

Carom is a board game played by 2 or 4 players. Carom is the game of fingers that make you win or lose the game. This program was organized from **07th to 08th February 2022** A total of **19** students participated in this game.

3. Long Jump:

The long jump is a track and field event in which athletes combine speed. The College organized a long jump event dated **07th to 08th February 2022** for boys students. There are **36** students were participated in this event.

4. 100 Mt. Run:

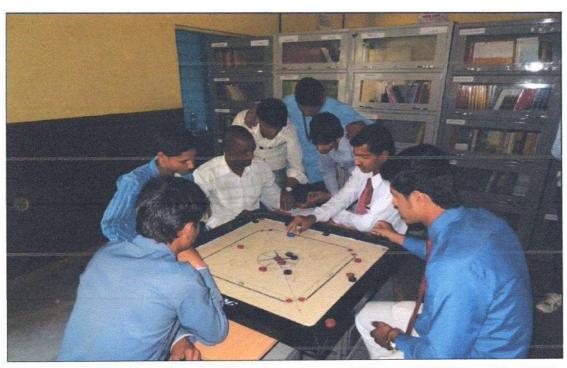
Athletics provides athletes with several benefits including the acquisition of valuable life skills that will benefit them throughout their life. Athletics play a key role in school or college. A magnificent sport was organized at our college, dated, **07th to 08th February 2022.** There are **37** students were participated in this game.



Photograph of Students Play Chess

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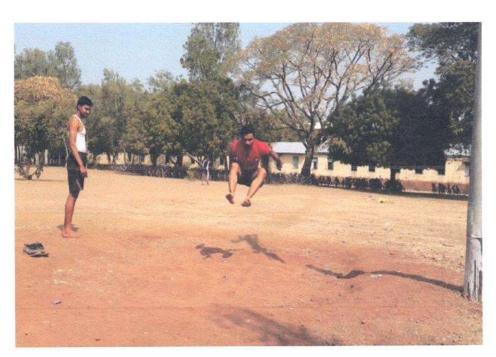
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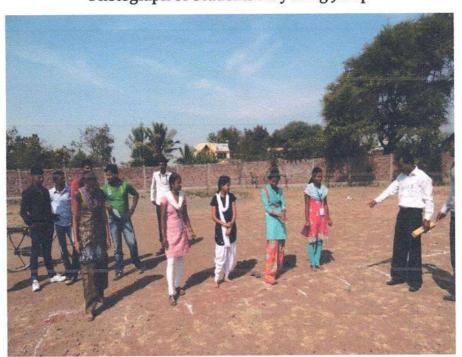


Photograph of Students Play Carrom

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Photograph of Students Play Long Jump



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Photograph of Students who participated in 100 Mt. Run

Physical Director

Dr. P. P. Pathare.

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