

Ahmednagar Jilha Maratha Vidya Prasarak Samaj's,
SHRI MULIKADEVI MAHAVIDYALAYA, NIGHOJ

Tal - Parner, Dist - Ahmednagar, Pin- 414306

Department of Sports and Physical Education

ANNUAL REPORT-2015-16

Sports play a vital role in the human life. Physical education is an important part of education system. Education without sports is incomplete. A student should study hard to be successful in competitive examinations. But, he should also play sports to enjoy the health life. Along with bookish learning, a student should spend his time on sports. Our college continuously tries to improve in sports facility in college. College organized Inter-college sports tournaments for students. It is important co-curricular activity that offers an extensive opportunity to all students to enhance the physical capability.

CELEBRATION OF SPORTS DAY

The following events have been organized for the inter-class sports tournaments for students: 1. **Long Jump** 2. **Kho-Kho** 3. **Chess** 4. **Athletics** 5. **Carrom** 6. **Football** 7. **Slow cycling**

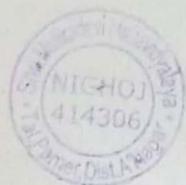
Long Jump

The long jump is a track and field event in which athletes combine speed. Because speed is such an important factor of the approach. The College organized long jump event on dated **02 January 2016**, for girl and boys students. There are **45** students were participated in this event.

Kho-Kho

Kho-Kho is an outdoor game played by people of all age groups. This event held on **09 January 2016**. The college was organized Kho-Kho competition for Boys and Girl Students. There are 2 teams were Participated in this event.

Athletics



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Athletics provides athletes with several benefits including the acquisition of valuable life skills that will benefit them throughout their life. Athletics play a key role in school or college. This competition organized on dated **4/01/2016**. There were 47 students were participated in this event. A magnificent sports was organized our college.

Carrom

Carom is a board game played by 2 or 4 platers. Carom is the game of fingers that make you win or lose the game. This programme was organized on **5 January 2016**. There were 34 students were participated in this competition.

Football

Football is one of the popular games in our country. This sport competition organized **6 January 2016**. The programme concluded with the vote of thanks given by the college captain. The event ended with singing of the National Anthem by the audience and beating of the retreat by the college Band.

Cycling

Sports are a very valuable learning ground for how to live in the best possible way. Cycling is important for every person. It increased muscle strength and flexibility. prevention or management of disease. This competition organized on **7 January 2016**. There are 46 students participated in this competition.





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Photograph of Students Play Long Jump




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Photograph of Students Play Chess



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Photograph of Students Play Football



Photograph of Students Play Carrom



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Photograph of Students Play Athletics games



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Photograph of Students Play Slow Cycling



Photograph of Students Play Kho-Kho



Physical Director

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